

# What's In Your Survival Kit?

## CONCILIUM





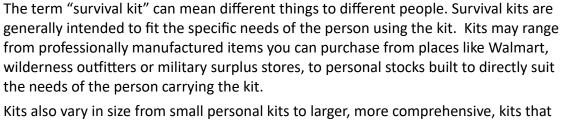


# A Survival Kit Primer



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#### **Survival Kit Overview**



serve multiple purpose in a survival situation (see Brawner's Three Tiers of Survival Kits below).

Bottom line, a survival kit must contain items that address the minimal basic needs of a person:

> --First Aid--Water--Fire--Shelter----Food--Navigation--Communication--

These seven areas address the basic necessities that are required to ensure one's survival. ANYONE can build a survival kit that will fit their needs or the needs of a group (your family, team, etc.). The three keys to success include:

> Knowing what to pack. Knowing how to pack. Knowing how to USE what you pack!



#### Of Note:

The construction of survival kits can be fun but prone to strong personal opinion.

Remember, the kits you see here are merely recommendations and NOT to be considered the only way to build a kit. Also, use your own ingenuity to build your kit to address the location and challenges you will face!



#### Brawner's Three Tiers of Survival Kits

My survival kit is actually a survival "system" based off of three different kits (or tiers) that fulfill different functions depending on where I am and what I am doing. In this primer I demonstrate my first two tiers. The third tier is demonstrated in my "bugout bag" primer.

The first tier of my survival kit is called the Basic Kit. The Basic Kit is small, lightweight, and is carried with me almost everywhere I go (and I mean everywhere!).

The second tier is called the Extended Kit. This is a

larger and more comprehensive kit tailored to where I am working, living, etc. This kit, although quite vital to my system, tends to have less everyday use and can be left in a hotel, vehicle, or carried in my backpack as necessary. This kit also includes various items that must be checked in for air travel and cant be carried on (unlike the Basic Kit).

The third tier is the largest and most diverse of my survival kits. This what is referred to as a "go-bag." The go-bag is the most comprehensive and self

sustaining kit in my system. This kit is keep at my home. The go-bag contains the minimal essentials to grab and go in the event of an emergency including:

- Food and water for 72hrs
- Passports/visas/copies of other necessary travel docs
- Extra Medications
- Local Maps/GPS
- Copy of your team contingency plan
- Extra changes of clothes
- Bedding/sleeping bags
- Extra cell phone
- Alt communications: Sat phone, In Reach, etc.
- 2-way Radio, etc.

#### What's In Your Survival Kit?



#### **Brawner's Kits**

Below you will find information on my two survival kits:

Basic Kit that is always in my laptop/commuter bag and (mostly...) TSA approved.

**Extended Kit** that includes various items that must be checked in for aircraft travel.

#### **Basic Kit:**

My basic survival kit consists of four pre-packaged components carried in my computer bag or backpack:

- Lights (17, 18)
- First Aid (19, 20)
- Water Purification (16)
- Survival Kit (0)

These pieces are carried in separate compartments in my bag, are modular, and easily transferred to another bag if necessary.



- 0. Survival Kit Bag
- 1. Whistle, P-38 Can Opener, and LED Light
- 2. Tube of Super Glue
- 3. Compass
- 4. Tube of Chapstick
- 5. Role of Duct Tape
- 6. 100' of 150 lb. test string
- 7. Signal Mirror
- 8. Pad of Waterproof Paper
- 9. Sharpie
- 10. Potable Aqua Water Purification Tablets
- 11. Bic Lighter\*
- 12. Cable Saw
- 13. Flint and Steel (fire starter)
- 14. Cotton Balls and Vaseline (accelerant)
- 15. US IFF (Identify Friend or Foe) Flag

#### From above picture:

- 16. Steri-Pen Water Purifier
- 17. Petzel Headlamp

#### Of Note:

In March 2015, the TSA took the scalpel from my Basic Medical Kit. No security agency has raised concerns about my cable saw or Bic lighter, but that scalpel...

In January, 2020, Canada took my flint and steel (#13) but let me keep the lighter and fire starter...

Keep in mind that different countries have different rules for what is acceptable and not acceptable to carry onto an aircraft; they can even vary from inspector to inspector. Therefore, carry any of these items in your kit at your own discretion and risk.











#### Basic Kit First Aid Items

Listed below are the contents of the first aid kit I carry with my Basic Kit. Please feel free to augment as necessary)

- 1. Sterile Razor Blade/Scalpel
- 2. Suture
- 3. Q-Tips
- 4. Curad 2x3" Nonstick Pads
- 5. Curad 4x4" Nonstick Pads
- 6. Large 3x2" Band Aid
- 7. Medium Band Aids
- 8. Large Band Aids
- 9. 4x4" Gauze pad
- 10. Ammonia Inhalant
- 11. Suture Strips
- 12. Large 4x4" Band Aid
- 13. Small Band Aids
- 14. Alcohol Wipes
- 15. Provodine/Iodine Wipes
- 16. First Aid Case
- 17. Not pictured: CAT Tourniquet & Israeli Bandage

#### Of Note:

The construction of a first aid kit is similar to the construction of the survival kit in that it is specific for your needs.

The first aid kit included in my Basic Kit is not all-inclusive. I do carry a separate, advanced first aid/ medical kit as needed or appropriate.

#### **Extended Survival Kit**

My Extended Kit is designed to augment the Basic Kit that I carry on a regular basis. The contents of the Extended Kit also vary depending on where I am traveling and the mission at hand. Therefore, the contents you see here can vary GREATLY depending on where I am and what I am doing. So, too, should your kit items reflect your location and the challenges you expect to encounter. My Extended Kit includes (but is not limited to):

- 1. Fix Blade Knife
- 2. Leatherman Multi-Tool
- 3. 100' Parachute Cord
- 4. GI Lensatic Compass
- 5. Canteen Cup and Stand
- 6. Extended First Aid Kit
- 7. In Reach 2 Way Satellite Text/Email
- GPS
- 9. Ethylene Glycol Fire Starter Not pictured:

**Leather Gloves** 

**Small Sharpening Stone** 

Poncho/Shelter Tarp

Satellite Phone

Second Passport (as necessary)

Sewing Kit & Various Size Safety Pins



#### Of Note:

One of the things I try to do is limit the "military look" of my survival and medical kits (I'm still working on it...). It is recommended that you do the same to limit the scrutiny you may receive if you are questioned about these items; especially the Basic Kit. Additionally, I try to spread items out in my bags in the event I am stopped and searched. I have found that the more interesting things security finds in my bag, the more they want to look through my bag. Therefore, when in doubt, spread it out...